

全国 2018 年 10 月高等教育自学考试

英语写作试题

课程代码:00603

请考生按规定用笔将所有试题的答案写在答题纸上。

注意事项:

1. 答题前,考生务必将自己的考试课程名称、姓名、准考证号用黑色字迹的签字笔或钢笔填写在答题纸规定的位置上。
2. 用黑色字迹的签字笔或钢笔将答案写在答题纸上,不能答在试题卷上。

I. Supply the missing paragraph. (20 points)

The following passage is incomplete with one paragraph missing. Study the passage carefully and write the missing paragraph in about 100 words. Make sure that your tone and diction are in unity with the passage provided.

The Benefits of Solo Journeys

John Steinbeck once said, “People don’t take trips—trips take people.” A solo trip, in particular, can have lasting benefits. Generations of adventurers have set off on journeys of self-discovery—traveling alone to many breathtaking destinations. Some of the best travel memoirs tell stories of solo travelers finding themselves on their own. Apart from easing tension to boost happiness, the solitude during the trip also helps to build new relationships, allow for flexible schedules and arouse worthy reflections.

Solo journeys can alleviate mild depression, thereby bringing joy. Recent research has found that the expectation of an upcoming vacation boosts feelings of happiness for up to eight weeks before the trip. Another study on adolescents suggests that time spent in solitude can help to shake off depression in young people. Free from the distractions of daily life, the traveler can focus his full attention on absorbing the present moment with all the senses.

The solo traveler can be his own master of the day, because he does not have to adhere to anyone else’s schedule. He can relax as much as he wants; he can rest and loosen up as long

as he likes. He might indulge in full days reading on the beach, take a leisurely hike, or sit on a bench admiring a work of art—all on his own. “The experiences are mine and mine alone,” said a solo traveler. “I’ve really learned to enjoy spending time with myself.”

Traveling solo also offers a great chance for reflection. As one travel memoir writer stated, “There is a soul-searching power in each adventure on your own.” Getting to really know oneself is a wonderful by-product of a solo journey. Traveling alone allows one to witness how he reacts to different situations. Those reflections can help him to gain a deeper understanding of who he is and what matters to him. He will have a stronger sense of self and feel more self-assured.

Solo travel can afford the traveler the necessary time and solitude for experiencing unexpected pleasures, building new relationships, enjoying the slow pace and the reflections of life. Aside from all the excitement and adventure, it ultimately leads to self-discovery. The traveler, once hitting the road solo, will fall in love with it and the journey never ends.

II. Write an outline. (20 points)

Read the following passage carefully and compose a “Topic Outline” for it.

Living Trash Free

Three years ago, I heard on the radio the tale of a British couple who lived trash-free. Walking home from my laboratory, I told my roommate that I could also do that and I’d start soon. “No,” he said. “If you care about this, you start today.” Just like that, I began an experiment of a trash-free life in the face of large environmental problems.

The average American produces about four pounds of trash per day, about 1,500 pounds per year. In my first year of living trash-free, I produced less than eight pounds of waste. In year two, I made it down to six pounds—about 0.4 percent of the American average. That was an accomplishment of my experiment.

To get there, I needed to change the way I lived. I collected my waste, such as concert tickets, packaging and glass, and didn’t throw it away. I knew my experiment wouldn’t make much difference, but I felt I should do it. Since unnecessary consumption existed everywhere, I had to get creative. When a restaurant furnished a napkin-wrapped fork and knife, I asked the waiter to give me a set without the napkin. I carried a fork, a spoon, a plate and a bowl wherever I went, just in case the food was served only with plastic to eat with. Sometimes it was awkward.

The hardest part was figuring out the best way to talk about what I was doing. It is important to speak to people in a language they understand from their background. Also, big

issues such as trash and recycling are tied to other big issues such as economic growth and climate change. So, as I wrote about the experiment on reducing trash, I had to discuss economy, peace, poverty, and so on. It was much harder to explain all that than simply announcing myself as a vegetarian, for instance.

Sometimes I failed, as some people didn't see the need of my experiment. More often, though, people gave me their support. The experiment inspired others to do similar experiments on their own. A couple of friends in Ann Arbor are doing it for a year. Their efforts have paid off. Ann Arbor has become one of the most environmentally conscious cities in America. When I visit that city now, I can get nearly all of my food unpackaged. There are several great secondhand stores I can go to, if I really need something. I can get shoes and tools that don't come in paper or plastic boxes.

Humans have caused terrible problems: The polar ice caps are melting, and the oceans are full of trash. My project did not reshape those trends. But my views on consumption and social change had an impact. My experiment of trash-free life allowed me to answer the question of how we stand up in the face of large environmental problems. I am convinced each individual can help to create examples and communities of change.

III. Compose an essay. (60 points)

Some people think that online shops will eventually replace entity shops (offline shops). What is your opinion? Write a 300-word argumentative essay stating your views.